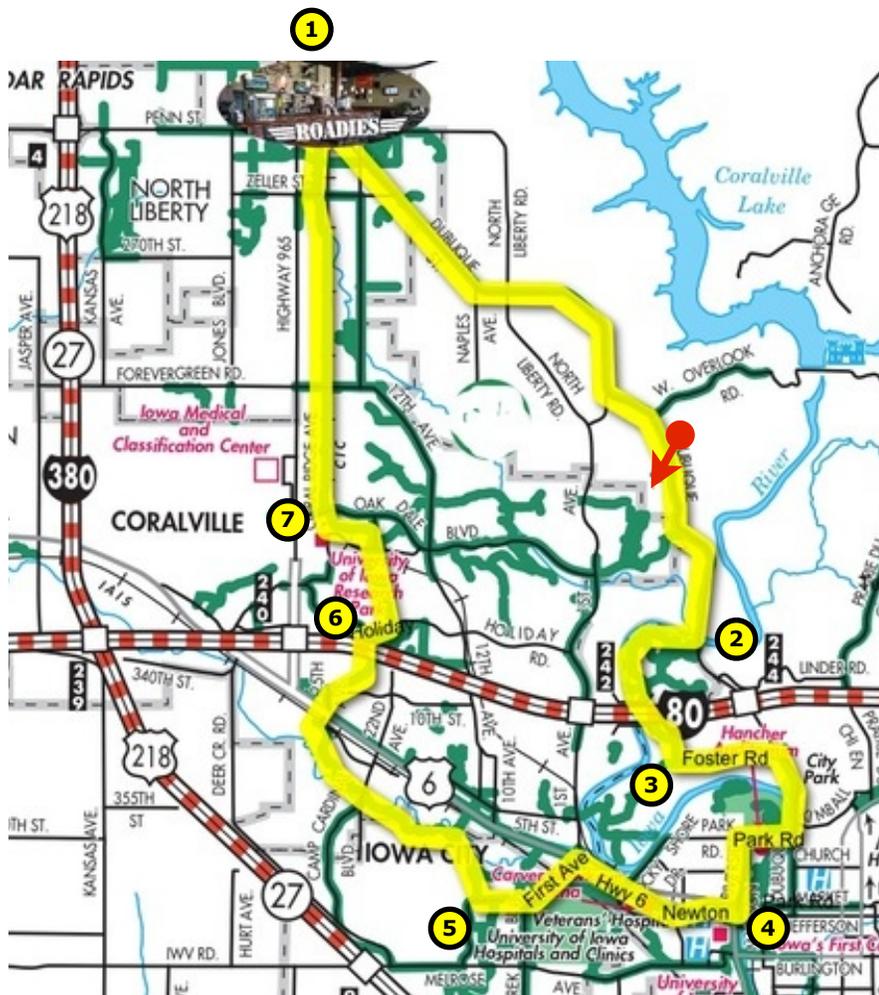


Iowa City Trail Ride - 25 miles



This is a great town ride route, beginning at Roadies bar at the corner of Hwy 965 and Penn St in North Liberty. It's a bike friendly bar and owners often ride with us.

Leaving your car, exit lot and turn left onto Penn St. **DO NOT TAKE TRAIL THAT YOU SEE ON YOUR RIGHT AFTER LEAVING PARKING LOT.** You will be returning on that trail.

Instead head east on Penn St. for about a 1/4 mile angling right onto Dubuque Street. You may wish to stop at Red's Restaurant for food or a great selection of beer.

The trail starts on the east side of Dubuque Street by the school. It does cross to the right about half way to Iowa City. The trail is mostly down hill with a few mild rollers.

After crossing Iowa River bridge, turn into Water Works park and follow trail along river.

Shortly after you cross under the I-80 bridge, take a right and head up to Foster Road. At Foster Road, go left heading for Dubuque Street. The trail on Dubuque St is a sidewalk, but bikes are permitted.

Ride down sidewalk and cross first bridge (Park Rd). On other side of bridge, cross over Park Rd and again pick up trail. Follow trail by Hancher and Arts Buildings area to the Iowa Ave. overpass. You will go through a tunnel beneath Iowa Ave. to get to spiral overpass. On the other side of the highway; Iowa Ave becomes Newton Road.

4 From this point you may head into Iowa City toward the Old Capitol for food or a brew. NOTE: While downtown, no bicycle riding on the sidewalks. Return to this very spot to continue.

Once back, go over spiral overpass and get onto Newton Road heading West. You will go around medical buildings and the like until you arrive at Carver-Hawkeye arena. Here you will turn right and head down to the sidewalk along the Coralville strip (Hwy 6). There will be a sign that says; "Do not enter" as it is a one way for cars. It is a very short distance so use the sidewalk.

When you reach the Hwy 6 or Coralville strip, ride the sidewalk on the South Side. **DO NOT GET ONTO HWY 6... STAY ON SIDEWALK!** In about 0.6 miles you will come to Mormon Trek Road. Staying on side walk, turn left and head to next stop light crossing on Mormon Trek (another 0.6 miles).

5 Cross over here and get onto access road toward soccer fields. On other side of field will be entrance to the Coralville trail on the right. Stay on trail until you reach the South entrance to Coral Ridge Mall. Follow the sidewalk for a short way passing Olive Garden and HI Express and then turn right at the T-intersection. The trail will lead you around Best Buy and under I-80. If you go under the train tracks and end up near Appleby's, you took the wrong turn. Go back to the main trail and turn right to continue.

6 When you reach Holiday Road turn right and travel a short distance on Holiday Road. You will see the trail again on the left. Continue on the trail. When you get to the Oakdale Campus, the trail gets a little funky, but from here, the trail will parallel Hwy 965 back to North Liberty. You will see it to your left.

7 Continue the trail towards North Liberty and the parking lot at Roadies.